Haven



Looking for Health Care Answers?

People are living longer than ever before. Let us guide you through the

A maze of confusing healthcare options.

healthcare maze. Call 402.792.3088 for the answers you need.

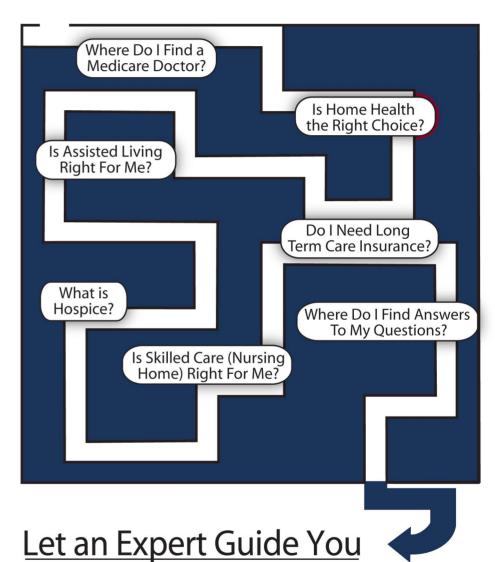


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Best Care Guide

A Free Service provided by Haven Manor...PLUS +

WHO NEEDS THE BEST CARE GUIDE SERVICES?

- Any senior who may have a question about various health care services.
- · Any family member of a senior.
- · A financial/trust officer serving seniors.
- · Visitation pastors and parish nurses.
- Anyone who has an interest in the health, welfare and safety of seniors.
- Families who may have differing opinions on what is best for a senior member of the family.

WHAT CAN WE DO FOR YOU?

With our many years of experience in health care, we'll help identify problems and concerns. We can also help make recommendations for solutions. If you don't know how to ask about certain resources, we'll help you with the questions. We'll also help you review the answers you receive from outside services. Our company is family owned, serving seniors for 24 years. Our staff comes with decades of experience in many facets of health care.

OUR EXPERTS CAN GUIDE YOU THROUGH THE MAZE OF HEALTH OUESTIONS AND HELP YOU FIND THE ANSWERS YOU NEED.

- What is Short Stay care?
- What are the variations available between assisted living facilities?
- What is a spousal split?
- What to do after a hospital stay?
- · How do I decide on rehabilitation services?
- What is restorative care?
- Where can I find a Medicare doctor?
- · What services are available in independent living?
- What is hospice care?
- · What is home health care?
- What is long term care?
- What kind of services do nursing homes provide?
- Where do I get answers about long term care insurance?
- · Where do I get help with questions on Medicare?
- What do they mean by Medicaid spend down?
- · What do all of these services cost?
- How do I stretch my retirement money?

"My home is too much for me. I don't care to cook, and most of all I don't like eating alone. My family's busy and they come if I call, but I don't like to bother them. Can anyone help me?"

"My parents can no longer live without some assistance. I want to help them safely stay in their home. If necessary, I need to move them to a place with the services they need. Is there anyone who would assist in assessing their needs and help us choose in-home support services or give us information about assisted living or nursing home facilities? I've read some information from the Internet and other brochures, but I'm still confused how to proceed. Can anyone help?"

If you've ever had a question like this, or for a friend or family member, you're not alone. Nearly 7 million Americans will be asking these questions. Unfortunately, there is not a crystal ball to help us find the answers.

Let's face it, life is all about change. Some we face willingly and some changes come when we least expect it. Change is especially difficult if you are not aware of resources that might make your life much simpler. Best Care Guide opens the door to many resources – some new and some that you were aware of but may not have thought could help.

Providing the best senior care requires an extraordinarily large base of information – everything from internal medicine to pharmacology and dermatology, to rehabilitative medicine. However, it also requires a different approach to care than many other areas of medical practice. This approach coordinates care among physicians, nurses, social workers, therapists, pharmacists, and a myriad of other health professionals. Care also requires education. Therefore, we have attempted to bring together a group of professionals that understand the optimal approach.

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